

KARIONG OOSH VACATION CARE PROGRAM ADDITIONAL INFORMATION JULY 2018

MOBILE PHONE NUMBER- Kariong OOSH have a mobile phone where you may call to contact carers and your child at any point during the day. The phone will be carried by the supervisor between the hours of 6:30am- 6:30 pm daily. Please feel free to use this number to contact us while we are out on excursion or if you have any messages you need to relay to your child. The number is

0404 572 847

USE OF ELECTRONIC DEVICES- We will be allowing devices to be brought to vacation care on in house days during the holidays only. However, Kariong OOSH will take no responsibility for lost or damaged electronics- bring them at your own risk. We will not permit devices on excursions as the risk of them being stolen is reasonable in a public place.

SUN SAFETY- It is a requirement that your child wear clothing that has sleeves to be compliant with our sun safe policy as set by the regulatory authority. We will do everything we can to minimise the risk of sun exposure to your child and we expect them to be dressed in appropriate clothing including a hat.

CLOTHING- We advise sending a full change of clothes. Again we try to minimise your child becoming wet or their clothes being soiled but these things do invariably happen from time to time. We are engaging in a lot of physical activity during this program and we would advise you to send your child in play clothes- including a jumper as it is winter and we are having some particularly cold days.

SUPERVISION- Kariong OOSH is licenced to provide care for 75 children per day, however limitations may be placed on maximum number of enrolments due to staffing or transport requirements. Staff to child ratios of 1:15 are maintained during centre days. The ratio increases to 1:10 during excursions to ensure all safety requirements are met. A Risk Assessment is conducted prior to each excursion and is available for you to view for each excursion prior to signing the permission document for each excursion. A responsible person holding their First Aid Certificate, Child Protection Certificate, and Asthma and Anaphylaxis Certificate will be rostered on at all times throughout the day. A photo of the Responsible Person on the day will be displayed on the whiteboard on the front of the OOSH Office door each day.

BOOKINGS- Bookings are to be returned to the office prior to Friday the 29th JUNE. Verbal Bookings will not be accepted- We require documentation for all bookings, be that via email or using a booking form.

MEDICATION- If your child requires medication during their time with us a medication form must be completed. Please note that no over the counter will be given (EXCEPT PANADOL). Medication must be provided in original packaging with the child's correct name and will be administered as per dosage instructions.

NUT POLICY- We are a nut free centre- Do not send your child with products that contain nuts for the safety of all the children in our service. We appreciate your compliance.

BREAKFAST- Breakfast is provided between 6:30 and 8am during vacation care. Breakfast options include toast, weetbix, cornflakes, rice bubbles and whole milk.

FOOD- Please pack a nutritious morning tea, lunch and some snacks for your children throughout the day. Last vacation care we found that most children did not have an adequate amount of food for the time they were in care. Remember your child is with us at the centre for LONGER than they are at school and will therefore require more food- especially on days we are on excursion. Please do not pack food that needs to be heated or prepared as we cannot guarantee we will have access to heating facilities whilst on an excursion.

SOME NUTRITIOUS FOOD IDEAS-

Carrots/Apples/Boiled Eggs/Cheese and Biscuits/ Muesli Bars/ Slices/ Muffins/ Cheese Rolls/ Mandarines/ Pears/ Cut Oranges/ Bananas/ Pretzels/ Protein Balls/ Dried Fruit/ Baby Cucumbers

SPENDING MONEY- No spending money is required for an excursion with the exception of our trip to INTENCITY. You are welcome to pack a lunch for this excursion or send \$10 limit with your child for food from the food court.

MENU

TUESDAY 10 th July	BUTTER CHICKEN/ CHEESE PUFFS/ FRUIT PLATTER
WEDNESDAY 11 TH JULY	MINI HOTDOGS/ CORN ON THE COB/ FRUIT PLATTER
FRIDAY 13 th JULY	FRIED RICE/ BANANA BREAD/ FRUIT AND YOGHURT
TUESDAY 17 th JULY	BACON AND EGG ROLLS/ FRUIT AND VEG PLATTER
WEDNESDAY 18 th JULY	SPAGHETTI BOLOGNAISE/ VEGIE STICKS + FRENCH ONION DIP